



Mary's

Winter Newsletter 2022

Hello Supporters,

I hope this finds you warm and well. We've had a cracking Autumn at Mary's featuring the Marcus Rashford program, an successful away trip for our young people, the Young Londoner's Fund achievements, and our Winter Food Scheme.

Away Trip

Many of our young people do not experience regular away trips, so we're pleased to have been able to gather 16 young people along with four Mary's staff over to East Sussex at half term. The young people had lots of mentoring time, therapy groups and other activities to keep them busy. After evening hikes, balancing on things, waking up early, swimming, and many games they tumbled back into the coach.

Jason and the team had to go through quite a process negotiating with Courts and Social Workers to get consent for our young people to go on our trip. Truly excellent work!



Marcus Rashford's NatWest Thrive Program

Mary's is a Founder Partner in Thrive, Marcus Rashford's new program with NatWest to encourage young people's aspirations. The modules 'I can't afford it' and 'I need it' were studied by 83 of Mary's young people. At end of the program measurements showed a 27% increase in our young people's belief they could reach their goals and 23% increase in understanding money issues.

Marcus came on a Zoom call with our young people as part of the graduation ceremony congratulating them on doing the course. Adil, a Young Leader, asked questions about mental health and thanked Marcus for his work reducing poverty. One of our young people also was awarded and received a gift! It was great to have Mary's young people benefit from Marcus' honest, thoughtful and encouraging responses.





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Winter Food Scheme

Mary's is gives food vouchers for supermarkets to young people and their families to help with cost of living pressures and food poverty.

Tristan Capital Partners has kindly funded our food vouchers for our core cohort over the winter. If you would also like to contribute you can



Young Londoner's Fund - Mayor of London

How has it been three years?! We started our Young Londoner's Fund work for the Mayor of London back in 2019. The fund is for young people likely to have involvement in the criminal justice system.

Mary's cohort was 77 young people who received therapeutic sessions and support all year from a youth worker. 67% had experienced exclusion from school and 12% had experienced care; these were exactly the at risk young people Mary's aims to reach.

An evaluation process was created with the Centre For Youth Impact and statistical analysis has begun. Watch this space for our very important first Evidence Report on Preventing Serious Youth Violence.



Thank you for all your well wishes and support. Wishing you a wonderful holiday season, and lots of love as usual from all of us at Mary's.

Handwritten signature of Mary Jane Roberts.

Mary Jane
CEO, Mary's Charity

